

**Supplementary Figure S1.** Odds ratios of risk factors for hypertension. **Supplementary Table S1.** The pyrosequencing primer sequence

Gene	Primer	Sequence		
	Forward primer	TATTAATTGGTTTTTTAGGGTTTAT		
MT-COX1	Reverse biotin primer (5' to 3')	CAACAAATCATTTCATATTACTTCC		
	Sequencing primer (5' to 3')	TATTTATAGTAGGAAT		
	Forward primer (5' to 3')	TTTATGAGTTGTTTTTATATTAGGTTTAAA		
MT-COX2	Reverse biotin primer (5' to 3')	ACTCCACAAATTTCAAAACATTAAC		
	Sequencing primer (5' to 3')	TAAAAATAGATGTAAT		
	Forward primer (5' to 3')	TATATTATTTGTTTAAAAAGGTTTT		
MT-COX3	Reverse biotin primer (5' to 3')	AATAAAAAACTCAAAAAAATCCTAC		
	Sequencing primer (5' to 3')	TATATTATTTGTTTAAAAAGGTTTT		
	Forward primer (5' to 3')	TTATAAATTTAGTTATGGTTATTTTTTAT		
MT-ATP6	Reverse biotin primer (5' to 3')	AAACTAAAACATTTTTAATCTTAAAAC		
	Sequencing primer (5' to 3')	TTATAAATTTAGTTATGGTTATTTTTTAT		
	Forward primer (5' to 3')	AAATTATAATAAATTTTGAGAATTAAAATG		
MT-ATP8	Reverse biotin primer (5' to 3')	AATAAACCTAAAATTATAAAAACAATAAAT		
	Sequencing primer (5' to 3')	AAATTATAATAAATTTTGAGAATTAAAATG		

Supplementary Table S2. Comparison of methylation levels between male and female hypertensive patients

Loci	Male group (N = 25)	Female group (N = 312)	Z value	P value
MT-COX1Pos.1	9.38 (4.25)	10.24 (4.12)	-0.85	0.39
MT-COX1Pos.2	8.43 (3.52)	7.75 (2.84)	-0.62	0.53
MT-COX1	9.09 (3.70)	8.72 (3.31)	-0.28	0.78
MT-COX2	5.46 (2.60)	5.61 (2.60)	-0.05	0.96
MT-COX3Pos.1	4.43 (1.42)	4.85 (1.54)	-1.09	0.27
MT-COX3Pos.2	3.66 (1.38)	3.81 (1.18)	-0.75	0.45
MT-COX3	4.10 (1.32)	4.34 (1.16)	-1.14	0.25
MT-ATP6Pos.1	18.12 (3.44)	17.53 (5.33)	-0.44	0.66
MT-ATP6Pos.2	10.34 (4.39)	10.68 (3.97)	-1.22	0.22
MT-ATP6Pos.3	13.85 (6.71)	13.04 (5.56)	-0.38	0.70
MT-ATP6	14.26 (4.77)	13.58 (4.09)	-0.07	0.94
MT-ATP8Pos.1	7.32 (5.24)	6.35 (4.07)	-1.46	0.14
MT-ATP8Pos.2	7.10 (4.77)	6.04 (3.59)	-1.18	0.24
MT-ATP8	6.77 (5.03)	6.20 (3.76)	-1.31	0.19

**Note.** Continuous variables that do not conform to the normal distribution are descripted by median and interquartile range, and the differences both two groups are compared by Mann-Whitney U test. The categorical variables were presented using frequency and percentage, and the differences both two groups were compared by chi-square test. *MT-COX1* is the average methylation level of *MT-COX1Pos.1* and *MT-COX3Pos.2*; *MT-COX3Pos.2*; *MT-ATP6* is the average methylation level of *MT-ATP6 Pos.1*, *MT-ATP6 Pos.2* and *MT-ATP6 Pos.3*; *MT-ATP8* is the mean methylation level of *MT-ATP8 Pos.1* and *MT-ATP8 Pos.2*.

Supplementary Table S3. Comparison of methylation levels between BMI ≥ 24 and < 24 hypertensive patients

Loci	BMI < 24 (N = 101)	BMI ≥ 24 (N = 236)	Z value	P value
MT-COX1Pos.1	9.48 (4.06)	9.46 (4.22)	-0.41	0.68
MT-COX1Pos.2	8.22 (2.90)	7.73 (2.78)	-1.06	0.29
MT-COX1	8.99 (3.39)	8.56 (3.23)	-0.80	0.43
MT-COX2	5.53 (2.61)	5.68 (2.63)	-1.54	0.12
MT-COX3Pos.1	4.74 (1.60)	4.91 (1.52)	-1.00	0.32
MT-COX3Pos.2	3.81 (1.04)	3.80 (1.19)	-0.06	0.95
MT-COX3	4.22 (1.11)	4.35 (1.22)	-0.34	0.74
MT-ATP6Pos.1	17.41 (4.90)	17.65 (5.32)	-0.27	0.78
MT-ATP6Pos.2	10.58 (3.99)	10.68 (3.97)	-0.18	0.86
MT-ATP6Pos.3	13.08 (6.05)	13.12 (5.56)	-0.14	0.89
MT-ATP6	13.73 (3.93)	13.70 (4.19)	-0.10	0.92
MT-ATP8Pos.1	6.26 (4.27)	6.46 (4.05)	-0.02	0.98
MT-ATP8Pos.2	6.07 (3.40)	6.03 (3.59)	-0.30	0.77
MT-ATP8	6.15 (3.89)	6.26 (3.92)	-0.13	0.90

**Note.** Continuous variables that do not conform to the normal distribution are descripted by median and interquartile range, and the differences both two groups are compared by Mann-Whitney U test. The categorical variables were presented using frequency and percentage, and the differences both two groups were compared by chi-square test. *MT-COX1* is the average methylation level of *MT-COX1Pos.1* and *MT-COX3Pos.2*; *MT-COX3Pos.2*; *MT-ATP6* is the average methylation level of *MT-ATP6 Pos.1*, *MT-ATP6 Pos.2* and *MT-ATP6 Pos.3*; *MT-ATP8* is the mean methylation level of *MT-ATP8 Pos.1* and *MT-ATP8 Pos.2*.

**Supplementary Table S4.** Comparison of methylation levels between age ≥ 60 and < 60 hypertensive patients

Loci	Age < 60 (N = 139)	Age ≥ 60 (N = 198)	Z value	P value
MT-COX1Pos.1	9.18 (4.57)	9.64 (3.98)	-0.78	0.43
MT-COX1Pos.2	7.27 (2.68)	8.22 (3.18)	-3.58	< 0.001
MT-COX1	8.41 (3.22)	8.93 (3.42)	-2.06	0.04
MT-COX2	5.38 (2.63)	5.71 (2.45)	-1.91	0.056
MT-COX3Pos.1	4.01 (1.55)	5.23 (1.15)	-8.93	< 0.001
MT-COX3Pos.2	3.68 (1.42)	3.86 (1.08)	-1.66	0.10
MT-COX3	3.91 (1.35)	4.61 (0.99)	-6.48	< 0.001
MT-ATP6Pos.1	18.40 (4.74)	17.09 (4.82)	-2.92	0.004
MT-ATP6Pos.2	9.57 (4.04)	10.92 (3.64)	-3.27	0.001
MT-ATP6Pos.3	12.95 (5.17)	13.20 (6.16)	-0.49	0.62
MT-ATP6	13.80 (4.06)	13.46 (4.11)	-0.64	0.52
MT-ATP8Pos.1	7.86 (3.78)	5.35 (3.24)	-7.17	< 0.001
MT-ATP8Pos.2	7.41 (3.66)	5.19 (2.97)	-6.66	< 0.001
MT-ATP8	7.70 (3.23)	5.40 (3.17)	-7.14	< 0.001

**Note.** Continuous variables that do not conform to the normal distribution are descripted by median and interquartile range, and the differences both two groups are compared by Mann-Whitney U test. The categorical variables were presented using frequency and percentage, and the differences both two groups were compared by chi-square test. *MT-COX1* is the average methylation level of *MT-COX1Pos.1* and *MT-COX3Pos.2*; *MT-COX3Pos.2*; *MT-ATP6* is the average methylation level of *MT-ATP6 Pos.1*, *MT-ATP6 Pos.2* and *MT-ATP6 Pos.3*; *MT-ATP8* is the mean methylation level of *MT-ATP8 Pos.1* and *MT-ATP8 Pos.2*.

**Supplementary Table S5.** Comparison of methylation levels between smoking and non-smoking hypertensive patients

Loci	Non-smoking ( $N = 177$ )	Smoking ( <i>N</i> = 158)	Z value	P value
MT-COX1Pos.1	10.20 ± 4.26	10.22 (4.34)	-0.24	0.81
MT-COX1Pos.2	7.85 (3.09)	7.75 (2.82)	-0.21	0.83
MT-COX1	8.72 (3.20)	8.74 (3.46)	-0.04	0.97
MT-COX2	5.45 (2.47)	5.76 (2.79)	-0.27	0.79
MT-COX3Pos.1	4.77 (1.57)	4.94 (1.49)	-1.27	0.21
MT-COX3Pos.2	3.66 (1.12)	3.92 (1.01)	-2.66	< 0.01
MT-COX3	4.19 (1.17)	4.43 (1.05)	-2.38	0.02
MT-ATP6Pos.1	16.55 (5.66)	17.80 (4.15)	-3.03	< 0.01
MT-ATP6Pos.2	10.43 (3.67)	10.88 (4.01)	-1.22	0.22
MT-ATP6Pos.3	12.79 (5.72)	13.37 (5.76)	-1.45	0.15
MT-ATP6	12.97 (4.56)	14.18 (3.65)	-2.01	0.04
MT-ATP8Pos.1	6.35 (4.58)	6.49 (4.10)	-0.56	0.58
MT-ATP8Pos.2	5.94 (3.86)	6.09 (3.46)	-0.20	0.85
MT-ATP8	6.15 (4.37)	6.32 (3.57)	-0.42	0.68

**Note.** Continuous variables that do not conform to the normal distribution are descripted by median and interquartile range, and the differences both two groups are compared by Mann-Whitney U test. The categorical variables were presented using frequency and percentage, and the differences both two groups were compared by chi-square test. *MT-COX1* is the average methylation level of *MT-COX1Pos.1* and *MT-COX3Pos.2*; *MT-COX3Pos.2*; *MT-ATP6* is the average methylation level of *MT-ATP6 Pos.1*, *MT-ATP6 Pos.2* and *MT-ATP6 Pos.3*; *MT-ATP8* is the mean methylation level of *MT-ATP8 Pos.1* and *MT-ATP8 Pos.2*.

**Supplementary Table S6.** Comparison of methylation levels between drinking and non-drinking hypertensive patients

Loci	Non-drinking ( $N = 198$ )	Drinking (N =137)	Z value	P value
MT-COX1Pos.1	9.42 (4.31)	9.58 (4.39)	-0.75	0.46
MT-COX1Pos.2	7.76 (2.83)	7.85 (3.04)	-0.71	0.48
MT-COX1	8.72 (3.12)	9.37 (3.94)	-0.63	0.53
MT-COX2	5.47 (2.52)	5.68 (2.70)	-0.04	0.97
MT-COX3Pos.1	4.78 (1.52)	4.98 (1.48)	-1.23	0.22
MT-COX3Pos.2	3.68 (1.11)	3.92 (1.03)	-2.32	0.02
MT-COX3	4.19 (1.18)	4.44 (1.01)	-2.20	0.03
MT-ATP6Pos.1	16.78 (5.32)	18.13 (4.31)	-2.42	0.02
MT-ATP6Pos.2	10.52 (3.59)	10.78 (4.23)	-1.28	0.20
MT-ATP6Pos.3	12.78 (5.62)	13.66 (5.86)	-1.29	0.20
MT-ATP6	13.20 (4.28)	14.37 (3.99)	-1.86	0.06
MT-ATP8Pos.1	6.16 (4.39)	6.59 (3.91)	-0.20	0.85
MT-ATP8Pos.2	5.86 (3.59)	6.51 (3.69)	-1.00	0.32
MT-ATP8	6.01 (4.10)	6.50 (3.47)	-0.60	0.55

**Note.** Continuous variables that do not conform to the normal distribution are descripted by median and interquartile range, and the differences both two groups are compared by Mann-Whitney U test. The categorical variables were presented using frequency and percentage, and the differences both two groups were compared by chi-square test. *MT-COX1* is the average methylation level of *MT-COX1Pos.1* and *MT-COX3Pos.2*; *MT-COX3Pos.2*; *MT-ATP6* is the average methylation level of *MT-ATP6 Pos.1*, *MT-ATP6 Pos.2* and *MT-ATP6 Pos.3*; *MT-ATP8* is the mean methylation level of *MT-ATP8 Pos.1* and *MT-ATP8 Pos.2*.

**Supplementary Table S7.** Comparison of methylation levels between with anti-hypertensive treatment and without anti-hypertensive treatment patients

Loci -	Hypertension group			
	Anti-hypertensive treatment (56) Without anti-hypertensive treatment (281)			P value
MT-COX1Pos.1	8.77 (3.47)	9.62 (4.12)	-1.62	0.11
MT-COX1Pos.2	8.13 (2.47)	7.76 (3.06)	-0.27	0.79
MT-COX1	8.53 (2.61)	8.83 (3.42)	-0.93	0.35
MT-COX2	5.75 (2.68)	5.50 (2.62)	-1.14	0.26
MT-COX3Pos.1	5.06 (1.51)	4.82 (1.57)	-1.48	0.14
MT-COX3Pos.2	3.68 (1.45)	3.83 (1.07)	-0.21	0.83
MT-COX3	4.39 (1.09)	4.30 (1.20)	-0.72	0.47
MT-ATP6Pos.1	15.80 (4.75)	17.97 (4.90)	-2.70	0.01
MT-ATP6Pos.2	9.99 (3.80)	10.68 (3.96)	-1.14	0.25
MT-ATP6Pos.3	12.79 (6.16)	13.12 (5.71)	-1.41	0.16
MT-ATP6	12.93 (4.33)	14.01 (4.08)	-1.89	0.06
MT-ATP8Pos.1	6.81 (3.97)	6.35 (4.13)	-0.23	0.82
MT-ATP8Pos.2	5.87 (3.40)	6.07 (3.65)	-0.01	0.99
MT-ATP8	6.28 (3.66)	6.24 (3.89)	-0.13	0.90

**Note.** Continuous variables that do not conform to the normal distribution are descripted by median and interquartile range, and the differences both two groups are compared by Mann-Whitney U test. The categorical variables were presented using frequency and percentage, and the differences both two groups were compared by chi-square test. *MT-COX1* is the average methylation level of *MT-COX1Pos.1* and *MT-COX3Pos.2*; *MT-COX3Pos.2*; *MT-ATP6* is the average methylation level of *MT-ATP6 Pos.1*, *MT-ATP6 Pos.2* and *MT-ATP6 Pos.3*; *MT-ATP8* is the mean methylation level of *MT-ATP8 Pos.1* and *MT-ATP8 Pos.2*.

Supplementary Table S8. Association between mtDNA methylation level and the risk of hypertension

l i		Unadjusted model			Adjusted model	
Loci	$oldsymbol{eta}$ value	OR (95% CI)	P value	$oldsymbol{eta}$ value	OR (95% CI)	P value
MT-COX1Pos.1	-0.06	0.95 (0.91–0.98)	< 0.001	-0.05	0.95 (0.92–0.99)	0.01
MT-COX1Pos.2	0.01	0.99 (0.94–1.03)	0.58	-0.04	0.96 (0.91–1.01)	0.12
MT-COX1	-0.05	0.95 (0.91–1.00)	0.03	-0.06	0.95 (0.90-0.99)	0.03
MT-COX2	-0.03	0.98 (0.93-1.03)	0.33	-0.04	0.96 (0.90-1.02)	0.17
MT-COX3Pos.1	0.13	1.14 (1.02–1.29)	0.03	-0.06	0.94 (0.82-1.08)	0.38
MT-COX3Pos.2	-0.06	0.95 (0.84–1.07)	0.37	-0.12	0.89 (0.77-1.03)	0.12
MT-COX3	0.06	1.06 (0.93-1.20)	0.39	-0.11	0.90 (0.76–1.05)	0.19
MT-ATP6Pos.1	-0.03	0.97 (0.94–1.01)	0.13	-0.01	0.99 (0.96–1.03)	0.72
MT-ATP6Pos.2	-0.03	0.97 (0.92–1.02)	0.25	-0.05	0.95 (0.90-1.01)	0.12
MT-ATP6Pos.3	-0.02	0.99 (0.96–1.01)	0.29	-0.01	0.99 (0.96–1.02)	0.62
MT-ATP6	-0.03	0.97 (0.93-1.01)	0.16	-0.02	0.98 (0.94-1.03)	0.44
MT-ATP8Pos.1	-0.06	0.94 (0.89-0.99)	0.01	-0.02	0.98 (0.93-1.03)	0.42
MT-ATP8Pos.2	-0.07	0.93 (0.89–0.98)	< 0.001	-0.04	0.96 (0.92–1.02)	0.16
MT-ATP8	-0.08	0.93 (0.88-0.98)	< 0.001	-0.04	0.97 (0.91–1.02)	0.22

**Note.** Adjusted model: adjusted for age, gender, BMI, smoking, drinking, exercise, hypertensive treatment, FBG, TC, and TG.