

Association of a SLC30A8 Genetic Variant with Monotherapy of Repaglinide and Rosiglitazone Effect in Newly Diagnosed Type 2 Diabetes Patients in China*

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Abstract

Objective To investigate a potential relationship between Solute carrier family 30 (zinc transporter) member 8 (*SLC30A8*) rs13266634 variant and efficacy of rosiglitazone or repaglinide in treating newly diagnosed Chinese type 2 diabetes patients.

Methods A total of 209 diabetic patients without any antihyperglycemic history were recruited and treated with repaglinide or rosiglitazone randomly for 48 weeks (104 and 105 patients, respectively). Anthropometric measurements and clinical laboratory tests were carried out before and after the treatment. A non-synonymous variant rs13266634 was genotyped by matrix-assisted laser desorption ionization-time of flight mass spectroscopy.

Results Ninety-one patients in repaglinide group and ninety-three patients in rosiglitazone group completed the study. Δ value of homeostasis model assessment of beta cell function (HOMA-B) and Δ value of fasting proinsulin levels were statistically significant between three genotype groups ($P=0.0149$ and 0.0246 , respectively) after rosiglitazone treatment. However, no genotype association was observed in the repaglinide or rosiglitazone group with other parameters.

Conclusion The *SLC30A8* variant was associated with the efficacy of insulin sensitizer monotherapy on insulin secretion in patients with newly diagnosed type 2 diabetes mellitus in Shanghai, China.

Key words: Pharmacogenetics; Single nucleotide polymorphisms; Solute carrier family 30 member 8; SLC30A8

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INTRODUCTION

Type 2 diabetes is a complex metabolic disorder characterized by chronic hyperglycemia ascribing to insulin resistance and relative insulin secretion deficiency^[1].

It is well known that the oral hypoglycemic agent including insulin secretagogue, methylbiguanide, inhibitor of alpha glucosidase and insulin sensitizer thiazolidinediones (TZDs) are commonly used for the therapy of type 2 diabetes mellitus with totally different physiological pathways. For instance,

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repaglinide, as a kind of non-sulfonylurea insulin secretagogue, contributes to stimulating insulin secretion via ATP-dependent potassium channels (K_{ATP}) of the pancreatic beta cells. Rosiglitazone, a representative of the thiazolidinediones, acts as agonists of the nuclear factor peroxisome proliferator-activated receptor γ (PPAR γ) and regulates the expression of genes involved in the glucose and lipid metabolism, thereby leading to the improvements of the insulin sensitivity, especially in the peripheral tissues^[2-3]. However, the clinical response to these oral agents varies among individuals. It was reported that genetic polymorphisms had been increasingly recognized to play an important role in drug efficacy and estimated to account for 15%-30% and even 95% (for some certain drugs) of interindividual variability in drug metabolism and response^[4]. The effects of genetic polymorphisms on insulin secretagogue and TZDs efficacy have been described in previous pharmacogenetical studies, suggesting that genetic variants might be associated with the different responses to the antihyperglycemic treatment^[5-8].

SLC30A8, which was uniquely expressed in the pancreas (mainly in beta cells), was confirmed as a susceptible gene of type 2 diabetes in recent genetic studies and the non-synonymous Arg325Trp (C>T) variant of this gene (rs13266634) was indicated to have an impact on decreased pancreatic beta-cell function in different populations^[9-13]. In addition, rs13266634 was associated with reduced first-phase insulin release in European non-diabetic offspring of type 2 diabetes patients according to the EUGENE2 study^[14]. Moreover, such variant was detected to be associated with fasting glucose ($P=0.0118$) and type 2 diabetes in Chinese populations even after correction of multiple comparisons (OR 1.251, 95% CI 1.138-1.374, $P_{\text{empirical}}=0.0002$)^[12]. The encoded protein, solute carrier family 30 (zinc transporter) member 8 (SLC30A8), also known as zinc transporter protein member 8 (ZnT8), is responsible for the transportation of zinc from the cytoplasm to extracellular spaces or to intracellular compartments, such as secretory granules and is of importance for the proinsulin processing, insulin maturation, storage and secretion from pancreatic beta cells^[15]. The downregulation of ZnT8 in rat INS-1 insulinoma cells showed reduced intracellular insulin content and decreased insulin secretion after a hyperglycemic stimulus^[16]. Moreover, the deletion of the mouse *slc30a8* is accompanied with modestly impaired insulin secretion without obvious changes

in glucose metabolism^[17]. In contrast, the overexpression of ZnT8 in cultured INS-1 cells showed a markedly increased insulin secretion in response to hyperglycemic challenge^[16]. In this study, we analyzed the single-nucleotide polymorphism (SNP) rs13266634 in newly diagnosed type 2 diabetes patients who are the residents of Shanghai, China and had been treated with repaglinide or rosiglitazone solely for 48 weeks in order to evaluate its effects on the drug efficacy.

MATERIALS AND METHODS

Patients and Study Design

A total of 209 newly diagnosed type 2 diabetic patients, defined according to the World Health Organization criteria^[18], were recruited from the outpatient clinics of 10 hospitals in Shanghai, China. Eligible patients, between 30 and 70 years of age with glycated hemoglobin $\geq 6.5\%$ and a body mass index (BMI) ≥ 18.5 kg/m², had received no previous pharmacologic therapies for type 2 diabetes prior to the study and were divided into two groups randomly after the recruitment. One group including 104 and the other group including 105 newly diagnosed type 2 diabetic patients were treated with repaglinide and rosiglitazone for 48 weeks, respectively. Detailed information on the excluded criteria, withdrawn criteria as well as the medication methods were consistent with what was mentioned previously^[8,19]. The study protocols were approved by the institutional review board of Shanghai Jiao Tong University Affiliated Sixth People's Hospital, and all the patients provided the written informed consent as well.

Anthropometric Measurements

General anthropometric parameters, such as height (m), weight (kg), waist, and hip circumferences (cm) were included in the study. All the parameters were measured at the baseline and 48 weeks after the repaglinide or rosiglitazone monotherapy. BMI (kg/m²) and waist-hip ratio were calculated as weight/height² and waist/hip, respectively.

Clinical Laboratory Tests

Overnight, fasting and 2 h blood samples after a 75 g oral glucose tolerance test (OGTT) were collected. Plasma glucose concentrations were measured by the glucose oxidase-peroxidase assay kit (Shanghai Biological Products Institution,

Shanghai, China). Serum insulin and proinsulin concentrations were measured using the radioimmunoassay method (Linco Research, St Charles, MO, USA). Glycated hemoglobin values were determined by high-performance liquid chromatography method (Bio-Rad Laboratories, Hercules, CA, USA). The arginine stimulation tests were carried out to evaluate the potential pancreatic beta-cell function. Acute phase of insulin and proinsulin secretion in response to arginine stimulation was calculated as the mean insulin (proinsulin) level of the 2, 4, and 6 min samples minus fasting serum insulin (proinsulin) level. The efficiency of proinsulin processing was calculated as PI/I to estimate the beta-cell function in another aspect: $PI/I = \text{fasting proinsulin} / \text{fasting insulin}$. The homeostasis model assessment (HOMA) index was used to evaluate the IR and insulin secretion, with the following equation: $HOMA-IR = \text{fasting insulin} \times \text{fasting glucose} / 22.5$, HOMA of beta-cell function ($HOMA-B$) = $20 \times \text{fasting insulin} / (\text{fasting plasma glucose} - 3.5)$. The Δ value was calculated in each parameter as the 48 weeks value minus the baseline value.

Genotyping

Genomic DNA was extracted from peripheral leucocytes in whole blood samples. SNP was identified by PCR amplification and genotyped by matrix-assisted laser desorption ionization–time of flight mass spectroscopy using a MassARRAY Compact Analyzer (Sequenom, San Diego, CA, USA).

Statistical Analysis

The allele frequencies were determined by gene counting and the Hardy-Weinberg equilibrium tests were performed as previously^[20]. Data were shown as mean \pm SEM in Tables 1 and 2. Differences of the parameters between genotypes with normal distribution were tested using one-way ANOVA and multiple linear regression (adjusted for age, sex, BMI, and dosage), and differences of the parameters between genotypes with abnormal distribution were analyzed by Kruskal-Wallis Test. The Δ value was calculated in each parameter to evaluate the differences between the baseline prior to and 48 weeks after the drug therapy, using Paired T Test or Kruskal-Wallis Test when appropriate (data not shown). The genotype distribution in two groups was calculated using χ^2 -test. A two-tailed P -value ≤ 0.05 was considered statistically significant. All

statistical analysis and calculations were performed using SAS for Windows (version 6.12; SAS Institute, Cary, NC, USA).

RESULTS

Of the total 209 patients participated, 91 patients and 93 patients completed the 48-week study in the repaglinide and the rosiglitazone group, respectively. No significant differences were observed regarding to the patients' baseline characteristics such as age, sex, BMI, fasting plasma glucose, 2-h plasma glucose, fasting insulin, HOMA-B or HOMA-IR between repaglinide and rosiglitazone group ($P > 0.05$. Data were not shown). The patients were subdivided into 3 subgroups according to the *SLC30A8* rs13266634 genotype distribution as CC, CT, and TT in each therapeutic group. The genotype distribution was in agreement with Hardy-Weinberg equilibrium in both groups ($P = 0.612$ and 0.466 , respectively) and the risk allele was C allele with the frequency 0.654 and 0.608 in repaglinide and rosiglitazone group, respectively. No significant difference was observed in allele frequency between the two groups ($P = 0.3574$). The call rate of the SNP rs13266634 were 100% in both groups.

Association between the *SLC30A8* genetic variant and the clinical features in the rosiglitazone group was shown in Table 1. Here, the Δ value of HOMA-B was detected to be statistically significant among the three genotype groups ($P = 0.0149$), without significant differences at baseline ($P = 0.6357$). The increasing value was greater in the CC and CT carriers (from 57.32 to 116.70 and 55.08 to 117.03 , respectively) as compared with the TT carriers (from 73.80 to 83.40), indicating that the risk allele C carriers responded more actively on the rosiglitazone treatment. Δ value of fasting proinsulin level showed a significantly statistical difference among the three genotype groups after rosiglitazone therapy for 48 weeks ($P = 0.0246$, adjusted for age, sex, BMI, and dosage). No significant differences were found in proinsulin conversion (PI/I) or the insulin resistance among the three groups.

Relationship of the *SLC30A8* genetic variant and the clinical characteristics in the repaglinide group was summarized in Table 2. No significant differences were detected in the 3 subgroups (CC, CT, and TT) in regards with clinical parameters such as HbA1c, FPG, HOMA-B, HOMA-IR or acute insulin secretion.

Table 1. Association between SNP rs13266634 of *SLC30A8* and Clinical Characteristics in Rosiglitazone Group

Parameter		CC (n=36)	CT (n=41)	TT (n=16)	P Value
Dosage (mg/d)		5.41±0.33	5.20±0.29	6.40±0.52	0.1203
Age (year)		53.72±1.52	51.88±1.42	48.94±2.24	0.2131
Sex (male/female)		22/14	30/11	13/3	0.3252
BMI (kg/m ²)	Baseline	25.38±0.51	24.83±0.45	25.84±0.78	0.4740
	48 weeks	24.93±0.66	24.63±0.49	25.45±1.04	0.7336
	Δ value	-0.80±0.40	0.01±0.20	0.01±0.47	0.3136
Glycated Hemoglobin (%)	Baseline	8.01±0.21	8.45±0.27	8.59±0.41	0.4111
	48 weeks	6.31±0.11	6.34±0.11	6.52±0.40	0.9964
	Δ value	-1.53±0.25	-2.14±0.29	-1.65±0.35	0.3694
Fasting Plasma Glucose (mmol/L)	Baseline	8.82±0.25	9.04±0.30	9.45±0.53	0.6461
	48 weeks	6.65±0.24	6.39±0.17	7.09±0.30	0.1721
	Δ value	-2.23±0.36	-2.67±0.28	-2.18±0.66	0.5187
2 h Plasma Glucose (mmol/L)	Baseline	12.59±0.51	13.73±0.45	14.16±0.90	0.3275
	48 weeks	9.31±0.47	8.27±0.31	9.66±0.67	0.0685
	Δ value	-3.22±0.65	-5.31±0.56	-4.87±1.32	0.0780 ^b
Fasting Insulin (pmol/L)	Baseline	83.12±6.46	81.55±5.73	110.68±15.11	0.1694
	48 weeks	98.81±10.98	98.47±9.74	90.02±9.36	0.9417
	Δ value	15.16±9.27	16.27±10.00	-20.66±16.75	0.0896
Fasting Proinsulin (μU/mL)	Baseline	126.67±15.56	126.71±11.91	184.23±25.13	0.0653
	48 weeks	95.08±12.09	79.45±9.13	113.34±27.31	0.2282
	Δ value	-37.65±9.46	-45.90±14.58	-80.63±39.19	0.0246^{b*}
PI/I	Baseline	1.65±0.16	1.70±0.18	1.71±0.17	0.5864
	48 weeks	0.98±0.07	0.85±0.08	1.25±0.26	0.1106
	Δ value	-0.69±0.17	-0.82±0.17	0.51±0.29	0.8130
HOMA-B	Baseline	57.32±5.30	55.08±5.00	73.80±15.89	0.6357
	48 weeks	116.70±9.46	117.03±9.88	87.40±10.92	0.1040
	Δ value	57.86±8.94	61.10±8.37	6.60±20.16	0.0149[*]
HOMA-IR	Baseline	5.32±0.40	5.48±0.42	7.61±1.01	0.0707
	48 weeks	5.28±0.78	4.42±0.45	4.79±0.71	0.4381
	Δ value	-0.31±0.65	-1.18±0.49	-3.31±1.12	0.1026
Acute Insulin Secretion (pmol/L)	Baseline	66.41±11.94	84.79±12.55	77.98±26.24	0.6259
	48 weeks	48.51±8.53	44.62±7.38	72.26±17.98	0.5912
	Δ value	-27.44±10.93	-40.18±11.16	-10.81±28.72	0.8224
Acute Proinsulin Secretion (pmol/L)	Baseline	65.70±10.29	73.04±10.81	67.18±22.60	0.6784
	48 weeks	41.79±7.35	38.44±6.36	62.25±15.49	0.4073
	Δ value	-23.64±9.42	-34.61±9.61	-9.32±24.74	0.7274
Total Cholesterol(mmol/L)	Baseline	5.29±0.21	5.39±0.16	5.26±0.26	0.2367
	48 weeks	5.33±0.19	5.59±0.20	5.38±0.26	0.2177
	Δ value	0.02±0.20	0.20±0.16	0.06±0.19	0.8069 ^b
Triglyceride(mmol/L)	Baseline	1.62±0.15	2.22±0.26	3.23±0.67	<0.0001
	48 weeks	1.76±0.19	2.40±0.31	3.07±0.54	<0.0001
	Δ value	0.10±0.18	0.14±0.33	-0.22±0.51	0.8095
HDL-C(mmol/L)	Baseline	1.28±0.05	1.22±0.04	1.06±0.04	<0.0001
	48 weeks	1.36±0.06	1.28±0.04	1.26±0.10	0.0009
	Δ value	0.05±0.05	0.08±0.03	0.20±0.10	0.2901
LDL-C(mmol/L)	Baseline	3.40±0.18	3.27±0.13	3.06±0.21	0.3770
	48 weeks	3.21±0.15	3.25±0.14	2.89±0.23	<0.0001
	Δ value	-0.23±0.13	-0.03±0.15	-0.32±0.27	0.7336

Note. Data are shown as mean±SEM. Δ value=T_{48 weeks} value - baseline (T₀) value. P value: comparison among 3 genotypes (ANOVA or Kruskal-Wallis test). ^{*}P<0.05 vs baseline in each genotype. ^bAdjusted for age, sex, BMI and each genotype. BMI, body mass index; HOMA-B, homeostasis model assessment of beta cell function; HOMA-IR, homeostasis model assessment of insulin resistance; HDL-C, high-density lipoprotein cholesterol; LDL-C, low-density lipoprotein cholesterol.

Table 2. Association between SNP rs13266634 of *SLC30A8* and Clinical Characteristics in Repaglinide Group

Parameter		CC (n=40)	CT (n=39)	TT (n=12)	P Value
Dosage (mg/d)		2.58±0.23	2.41±0.25	2.48±0.48	0.8103
Age (year)		52.92±1.36	51.90±1.47	52.58±3.35	0.8854
Sex (male/female)		30/10	21/18	11/1	0.0269
BMI (kg/m ²)	Baseline	25.42±0.48	25.72±0.47	24.93±0.71	0.7034
	48 weeks	25.53±0.47	25.31±0.52	24.42±0.74	0.5006
	Δ value	0.11±0.21	-0.23±0.21	-0.51±0.36	0.3306
Glycated Hemoglobin (%)	Baseline	8.49±0.26	8.36±0.22	7.75±0.31	0.4310
	48 weeks	6.27±0.14	6.36±0.14	6.14±0.24	0.5226
	Δ value	-2.21±0.31	-2.00±0.23	-1.61±0.39	0.4240 ^b
Fasting Plasma Glucose (mmol/L)	Baseline	9.35±0.32	9.59±0.31	8.93±0.46	0.5709
	48 weeks	6.94±0.17	7.05±0.30	6.76±0.42	0.8049
	Δ value	-2.41±0.32	-2.60±0.32	-2.17±0.59	0.5889 ^b
2 h Plasma Glucose (mmol/L)	Baseline	13.90±0.51	13.70±0.45	13.31±1.08	0.8378
	48 weeks	9.20±0.43	9.18±0.51	9.47±0.90	0.9505
	Δ value	-4.49±0.64	-4.43±0.73	-3.83±1.71	0.9548 ^b
Fasting Insulin (pmol/L)	Baseline	80.19±6.64	83.75±5.18	63.66±10.81	0.1393
	48 weeks	101.80±6.90	104.93±9.03	94.89±8.83	0.8130
	Δ value	21.61±6.08	18.16±9.19	31.23±15.76	0.8803 ^b
Fasting Proinsulin (pmol/L)	Baseline	123.12±12.63	96.21±15.31	96.97±16.50	0.0495
	48 weeks	133.74±13.58	104.09±12.87	75.28±12.93	0.0154
	Δ value	10.62±15.22	2.97±14.37	-21.69±16.51	0.4305
PI/I	Baseline	1.91±0.21	1.12±0.16	1.83±0.40	0.0019
	48 weeks	1.38±0.11	1.22±0.19	0.79±0.12	0.0101
	Δ value	-0.54±0.20	0.05±0.24	-1.04±0.41	0.0592
HOMA-B	Baseline	56.34±10.77	50.53±4.08	46.40±11.76	0.3944
	48 weeks	110.07±10.68	125.04±17.32	116.90±20.48	0.9319
	Δ value	54.40±10.39	72.27±15.35	70.51±26.35	0.8980
HOMA-IR	Baseline	5.31±0.39	5.91±0.38	4.03±0.59	0.0599
	48 weeks	5.06±0.35	5.54±0.53	4.86±0.63	0.8256
	Δ value	-0.13±0.41	-0.57±0.58	0.82±0.85	0.9485 ^b
Acute Insulin Secretion (pmol/L)	Baseline	187.01±24.67	203.67±22.81	188.02±27.27	0.5318
	48 weeks	172.24±18.43	186.47±27.53	198.50±17.89	0.4233
	Δ value	-14.77±24.17	-22.48±23.49	10.48±27.56	0.8029 ^b
Acute Proinsulin Secretion (pmol/L)	Baseline	70.84±7.70	65.81±10.94	46.42±10.37	0.2397
	48 weeks	54.08±7.29	33.46±8.28	40.80±9.73	0.0810
	Δ value	-16.76±7.15	-34.86±8.11	-5.62±14.98	0.6840 ^b

Note. Data are shown as mean±SEM. Δ value=T_{48 weeks} value - baseline (T₀) value. P value: comparison among 3 genotypes (ANOVA or Kruskal-Wallis test). ^bAdjusted for age, sex, BMI and each genotype. BMI, body mass index; HOMA-B, homeostasis model assessment of beta cell function; HOMA-IR, homeostasis model assessment of insulin resistance.

DISCUSSION

Pharmacogenetics evolved in the late 1950s to investigate mainly the genetic differences in drug response has been increasingly employed by the

clinicians for its function of allowing individual therapies due to the genetic differences in drug responses and also providing new drug targets at the molecular level^[4]. TZDs, a kind of insulin sensitizer, was mainly reported to improve the insulin resistance in peripheral tissues and delay the

progression from glucose intolerance to overt diabetes^[21]. Small clinical studies were however focused on the beta-cell preservation with TZDs therapy^[22-24]. Results from ADOPT showed that rosiglitazone treatment could delay the progressive loss of glycemic control and maintain the mean level of glycated hemoglobin at less than 7% for a longer period so as to preserve the beta-cell function^[25].

The genome-wide association studies has confirmed *SLC30A8* to be an susceptible gene of type 2 diabetes in different populations, and the risk allele C was associated with impaired insulin release^[9-13]. In this study, we found that *SLC30A8* rs13266634 variant was associated with rosiglitazone therapy in HOMA-B among three genotype distributions in newly diagnosed type 2 diabetes patients. The mean level of HOMA-B in C carriers was lower than that in T carriers at baseline, which was consistent with the forthcoming studies^[9-13]. Interestingly, the C allele carriers showed a more active response to the drug in the aspect of HOMA-B, the latter of which is a homeostasis index indicating the insulin secretion and beta-cell function. Such phenomenon demonstrated that a kind of compensation mechanism of insulin secretion might exist which may improve the insulin secretion defect to a certain extent especially after rosiglitazone therapy. Another possibility is that rs13266634 might work as a genetic marker in linkage disequilibrium with other causal variants in the *SLC30A8* region.

We were not able to find any association with insulin secretion or proinsulin conversion after arginine stimulation in CC, CT, and TT carriers. Kirchhoff et al.^[26] found that the rs13266634 was associated with reduced proinsulin conversion to insulin after intravenous glucose tolerance test (IVGTT), whereas the same association was not replicated after OGTT in the same population. We supposed that due to the compensatory mechanism during the early stage of diabetes, the effect of the variant on beta-cell function might be limited, even without any changes in insulin or proinsulin levels. Another possibility is that a strongly increased secretory demand such as IVGTT can induce the impaired insulin secretion with the defect in proinsulin processing.

There are several limitations in our study. First, the sample size is relatively small, and consequently we may not have enough statistical power to detect effects of genetic variants and proinsulin conversion to insulin after the arginine-load. Kirchhoff et al.^[26]

has confirmed the association between rs13266634 variant and impaired proinsulin secretion. However, we failed to replicate the similar association, and therefore the effect of the small sample size cannot be excluded. Second, the patients included in our study were newly diagnosed and those under unsatisfactory glycemic control were withdrawn in the process of our study, and how much influence the compensatory mechanism exert on the results at the early stage of the disease and how the effect can be on rosiglitazone therapy in patients with unfavorable glycemic control still need further investigation. Third, the Kruskal-Wallis test was mainly used to analyze the Δ value of parameters among three genotypes due to the abnormal distribution, and hence the confounding factors such as age, sex, BMI could not be adjusted.

In conclusion, our data suggest that the *SLC30A8* rs13266634 variant be associated with HOMA-B in diabetic patients with rosiglitazone therapy. Further studies with larger sample size and longer-term follow up are needed to confirm the results from our study so as to guide the individualized drug therapy for the clinicians in combination with pharmacogenomic information.

COMPETING INTERESTS

Authors declare that they have no competing interests.

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